115 Club at Home 2

Winter Week

It's been pretty cold these last few weeks. We haven't had any snow in Bournemouth however it's been pretty icy. Have a look at some fun Winter Activities.





Frozen Art

Make use of leave, flowers, twigs, grass, tissue paper.

You will need some small pots or trays. Add a small amount of water in the bottom of the pot or tray. Add your decorative items, arrange them as you want your picture/design to look. Use wool or string to make a loop for the finished frozen design to be hung up by. Leave the pots outside over night for them to freeze. (Shhh, but of course if it's not that cold outside you could always place them in the freezer but get permission first!)

Please remember to take a photo of your finished design when it's hung up as it will melt. Hang up your designs in your trees in your garden or on the outside of your window. Nothing to stop you making another design for tomorrow!







This is a great activity for when we have very cold but dry weather. You will need some bubble solution. Leave the solution outside for a little while to get cold but not too long to freeze. Blow bubbles carefully allowing them to settle on wet or frosty surfaces. If the air is cold enough the bubble will freeze before in bursts.

You can make a specific bubble solution which is better than shop bought.

Making the bubble solution

When we made the bubbles in the freezer, we got the best results using a homemade bubble solution rather than a shop-bought one. I used the same solution to make frozen bubbles outside. To make the bubble mixture we used, add one cup of washing-up liquid and half a cup of golden syrup to three cups of water and mix. The golden syrup helps the bubbles to crystallise and makes them less likely to pop.

Making frozen bubbles outside

We headed out into the garden early in the morning when it was very frosty outside. The temperature was -2°C and there was no wind. We blew bubbles over the lawn and watched them land on the frosty grass, and then gradually freeze. If we didn't touch them, the frozen bubbles lasted quite a long time before they popped. Some of them lasted twenty minutes or more. We even managed to make some double bubbles.

Making frozen bubbles in the freezer

If the weather isn't cold enough to make frozen bubbles outside, you can make them in the freezer. We put a little of our homemade bubble mixture into a cup and blew into it with a straw to make lots of bubbles. Then we put it gently into the freezer and left it for 5-10 minutes. The bubble mixture at the bottom of the cup stayed liquid but the bubbles at the top froze beautifully. They do start to pop within a couple of seconds of taking them out of the freezer though. https://littleheartsbiglove.co.uk/making-frozen-bubbles/









Marshmallow Snowmen

Ingredients

- Marshmallow large, normal and mini
- Icing pens various colours
- Sweets and laces
- Chocolate matchsticks
- Chocolate buttons or drops

Using the various ingredients make your marshmallow snowmen.





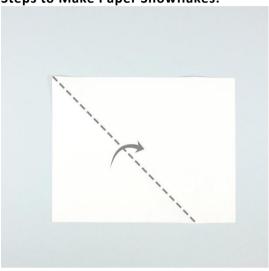




What You'll Need:

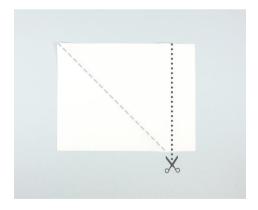
- 8.5-by-12-inch paper
- Scissors
- Pencil

Steps to Make Paper Snowflakes:



1. Fold Your Paper

The easiest way to cut the paper into a perfect square is first to fold one corner of the paper to meet the opposite edge, creating a triangle and a rectangle. Then, fold the rectangle into the center, creasing along the edge of the triangle.



2. Cut a Square

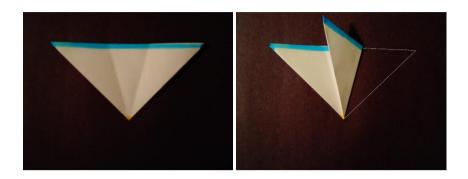
Open up the piece of paper and cut off the rectangle. You now have a perfectly square piece you can use to make a paper snowflake.

3. Fold Again

Fold your paper diagonally, creating a triangle, then fold it in half again to form a smaller triangle.

4. Fold into Thirds

Fold the triangle into thirds, being careful to line up the left and right edges of the paper. Trim off the bottom points by cutting along the horizontal edge.







5. Design Away

With the paper still folded, create your paper snowflake design. Experiment with different shapes, sizes, and styles to create a variety of designs and patterns. Have fun with it!

6. Cut Carefully

Cut out your paper snowflake pattern, making sure to keep some of the folded edge intact, or else your snowflake will fall apart.



7. How to Make Paper Snowflakes, Final Snowflake

Carefully unfold the paper to reveal your unique paper snowflake. And that's it!



Materials

- Salt
- PVA glue
- Card or greaseproof paper
- Water colour or poster paints
- pencil

Method

- Design your snowflake with a pencil
- Once you have your design go over it with a thick line of PVA glue
- Sprinkle salt over PVA glue whilst it is still wet
- Gently shake off excess salt
- Using a small brush colour the salt snowflake with paints (make sure paint is watery)









Materials

- Spare wool (white)
- Ribbon and buttons for decorations
- Pipe cleaners for arms etc

Method

- To make pom poms
- Wrap wool around 1, 2 or 3 fingers depending on size you want pom pom to be. Please be careful not to do it too tightly and cut off circulation of your fingers. (see photo below)
- When you have wrapped it around your finger (75 to 100 times for 1 finger, 100 to 125 for 2 fingers and 125 to 150 for 3 fingers) slip it off your finger.





- Then using a length of wool tie tightly the bundle of wool in the centre. This must be a tight know as if you do have it tight all the pieces of wool will fall out.
- Tie it again to make sure. DO NOT cut of the lengths of wool as you will need that later.
- Using the scissors cut the loops of your pom-pom so that the individual strands of wool stick out. Make sure you cut each loop.
- Fluff out all your strands using a comb or just your fingers then trip with scissors to achieve a ball shape, remember not to cut off the long strand that is tied to the middle of the pom-



pom. You will use that to attach the two pom poms together to make snowman body and head.

- You can decide whether to make a 3- or 2-tiered snowman and that will determine how many pom poms you make.
- Make them all the ascending sizes 1 finger, 2 fingers, 3 fingers.
- When you have 2 or 3 pom poms tie them together using the long piece so that you have one on top of the other.
- You can then decorate your snowman as you want, with hat, scarf, buttons, eyes, nose, mouth and arms.

You can also make pom-pom using cardboard discs like ring donuts using card from a cereal packet. Draw around an egg cup on a piece of card and cut it out neatly. Then do it again so you have to pieces of the same size. Put them together and cut a smaller circle out of them. This will give you two donut shaped pieces of card. To make the pom-pom simple wrap the wool neatly around the ring going through the hole in the centre until you cannot put the wool through the hole anymore and all the cardboard is covered in wool. Then with scissors cut the end of your donut so that the scissors go between the two pieces of card cutting the loops of the wool. When you have cut the whole circle take a long piece of wool and use it to tie off the pom-pom, again making sure it is tight. When you have tied it off you can rip the cardboard out.



