








115 CLUB AT HOME

Kids at home activity pack

Hi everyone,

As we are missing you, we thought it would be fun to put together a variety of activities that you can do at home with your family. We will work with themes for the week or day and put the activities into different play zones. These will be:

	Science Zone		Nature Zone
	Cookery Zone		Active Zone
	Art & Craft Zone		Music & Dance Zone
	Imagination Zone		Scribbles & Story Zone
	Construction Zone		Messy Play
	Games		Rest

Please note that all activities need adult supervision to a greater or lesser degree so please make sure you get your parents involved. Ok, let's go! Have a look through the pack and see what you would like to do.

If you would like to send in ideas for future packs please email us on: admin@115club.co.uk

Have fun everyone.

Take care.

115 Club



Week 1: Egggy Week

23rd March 2020



Eggsperiments!

www.youtube.com/watch?v=0XUtjCerP_Y

Please ensure that there is adult supervision when looking at and doing these experiments.



Keep Eggy Safe.

Use various materials to protect Eggy. Bubble wrap, card, plastic bag, cotton wool, string or wool, junk materials, plastic casing etc

Create a parachute. Think about what material you should use to make the parachute. It needs to catch the air so may be a good idea to practice with a few different materials first.

See how many times you can throw egg whilst keeping it intact, without it cracking or breaking.

To make the activity less messy use a boiled egg. You can then unwrap it to see how intact or how cracked it is.





Eggy Prints

Materials

Paint
Potatoes
Paper
Paint brushes



Easter Egg Nests

Ingredients

- Mini Eggs
- Cereal of choice, corflakes, rice crispies or shedded wheat
- Chocolate

- Melt chocolate in bowl over hot water
- Stir in cereal
- Place in mixture onto cake cases
- Place two or three mini eggs in the middle
- Allow to cool and chocolate to set

Share as a treat! Mmmmmm





Egg Decs

Materials

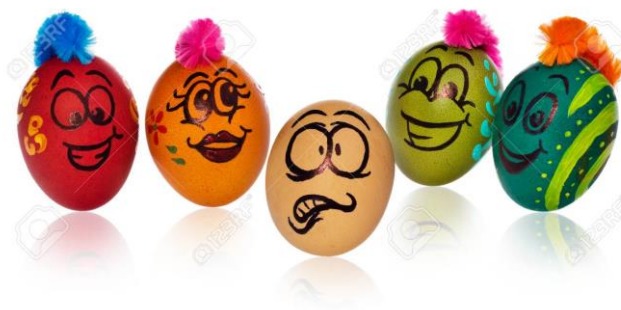
- Card
- Coloured paper
- Or paint & white paper
- String or wool



Painting /Dying Eggs

Materials

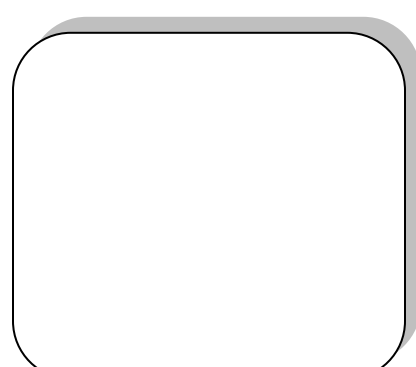
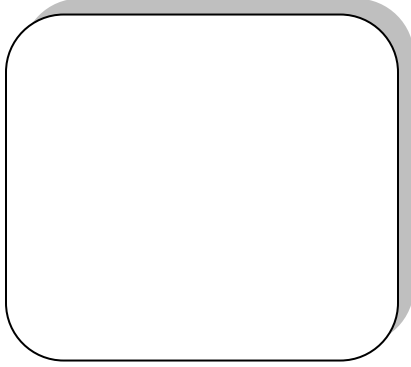
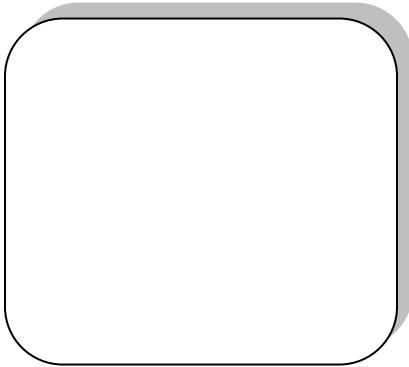
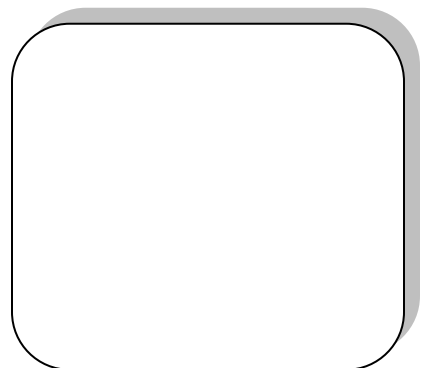
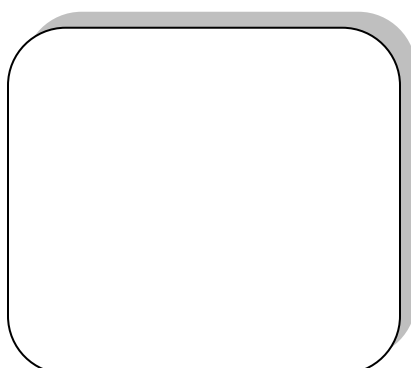
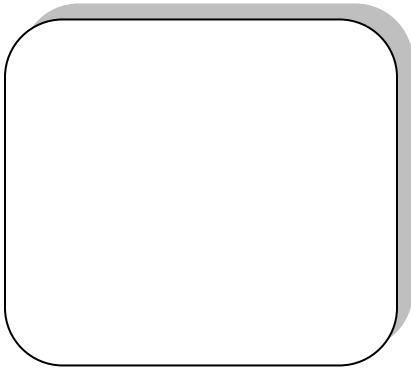
- boiled eggs
- food dye
- new/clean fine paintbrushes
- "Sharpies" felt tips (perminant markers)
- egg cartons





Super Egg Comic Strip

Make your own comic story... you could continue this one of "Super Egg". Draw what you think happens next? You can print off and use the boxes below or just make up your own.



Please send in your finished Comic Strips and we'll show them on the 115 Club Website for others to enjoy.



Grow a cress head!

Experiment with your food

Plants need water, air and sunlight to grow. Did you know they can grow without soil? You can make your own cress head to prove this! Experiment using a homemade greenhouse to see if a greenhouse helps the cress to grow. Grow one in greenhouse and one on its own... which one grows better. Why?

Materials:

- Cress seeds
- Two eggs or yoghurt pots
- Kitchen roll
- Cotton wool
- Felt tips or paint
- Clear plastic drinks bottle
- Scissors

How to:

1. If you're using eggs, boil the eggs until they're hard boiled. Take the tops off gently. You can eat the boiled eggs - try them with toast soldiers - yummy! Clean the inside of the eggs gently, so they don't break. If you're using yoghurt pots, clean the inside of the pots.
2. Draw a face on the egg shells or yoghurt pots using felt tips or paints.
3. When the paint has dried, wet some kitchen roll and put it in the bottom of the egg shells or yoghurt pots.
4. Wet some cotton wool and put it on top of the kitchen paper. Make sure there is a gap between the cotton wool and the top of the egg shells or yoghurt pots.
5. Put some cress seeds on the cotton wool and press them down gently.
6. Put your egg shells or pot in a sunny, warm spot - try a kitchen windowsill.
7. You can make a greenhouse to put over one of the egg shells or pots. Ask an adult to cut the top off a plastic drinks bottle. Put the bottom half of the drinks bottle over the top of one yoghurt pot or egg shell. The inside of your greenhouse will be warm and damp.

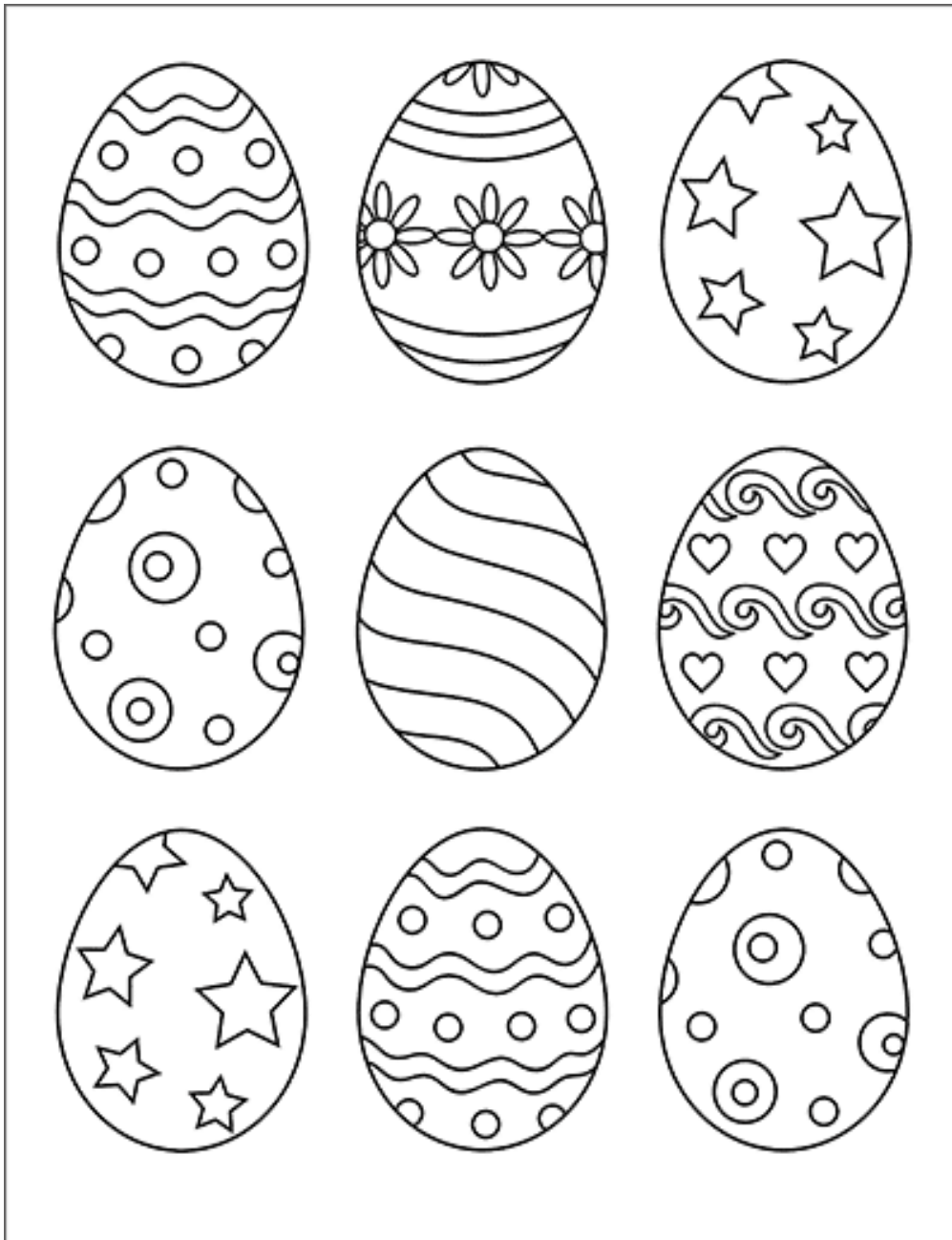
When the cress gets green leaves on top of the stalks, you can eat it! Cut the tops off the stalks and try them in a sandwich or a salad.

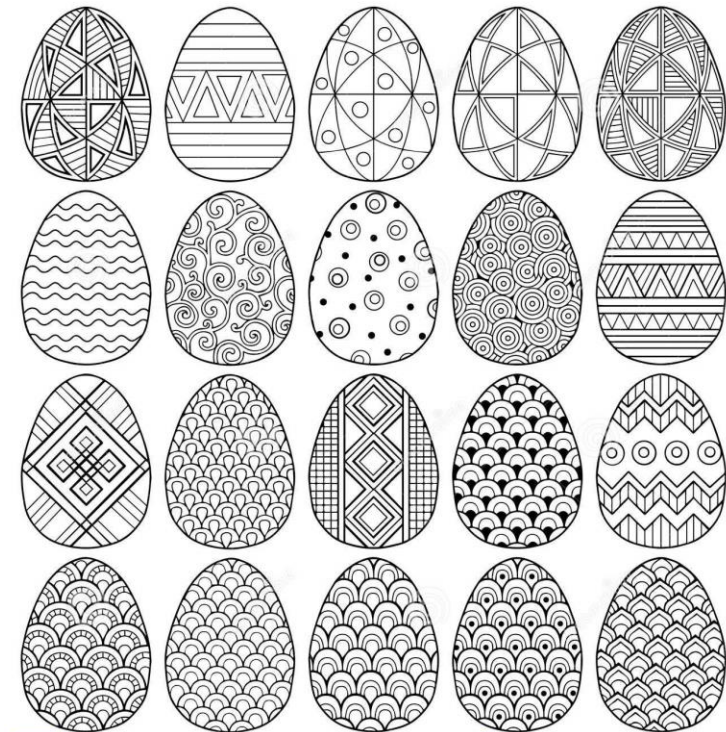
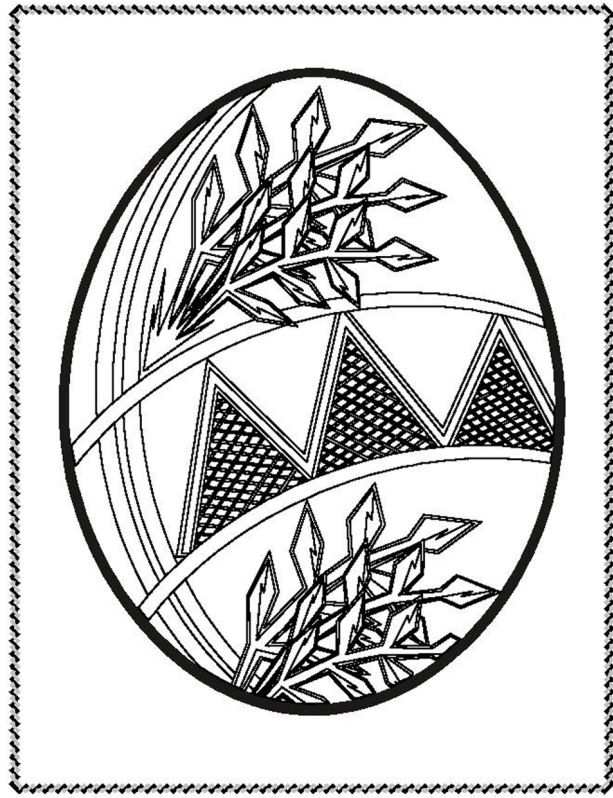
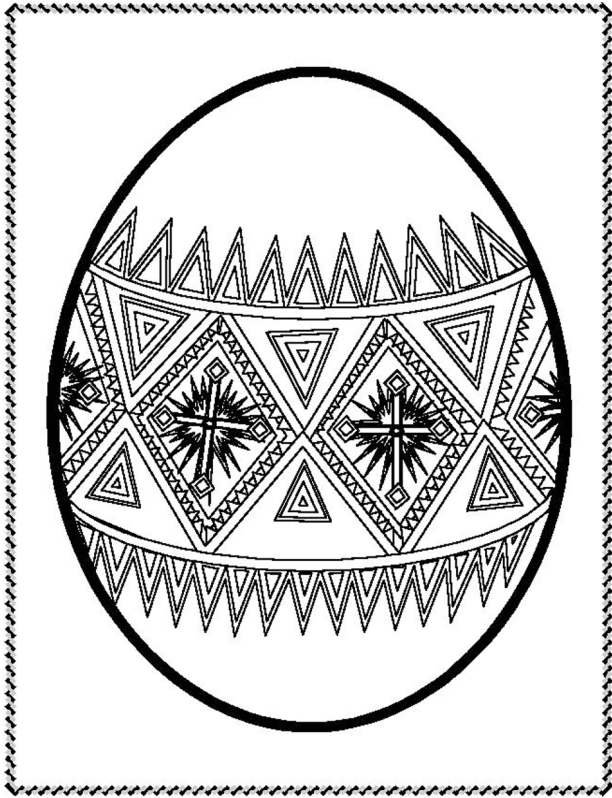




Egg Colouring

Print and colour in. If you like you can send in photos of your colourings for us to put on the website.









Egg Detectives!

Here's a chance to use your observation skills! Be an Egg Detective if you like! Although the two pictures below look the same at first glance, they have some differences but can you find them? Also how many eggs all together can you see in both pictures. If you want you can print this out and colour it in too.

