

Adventure Week

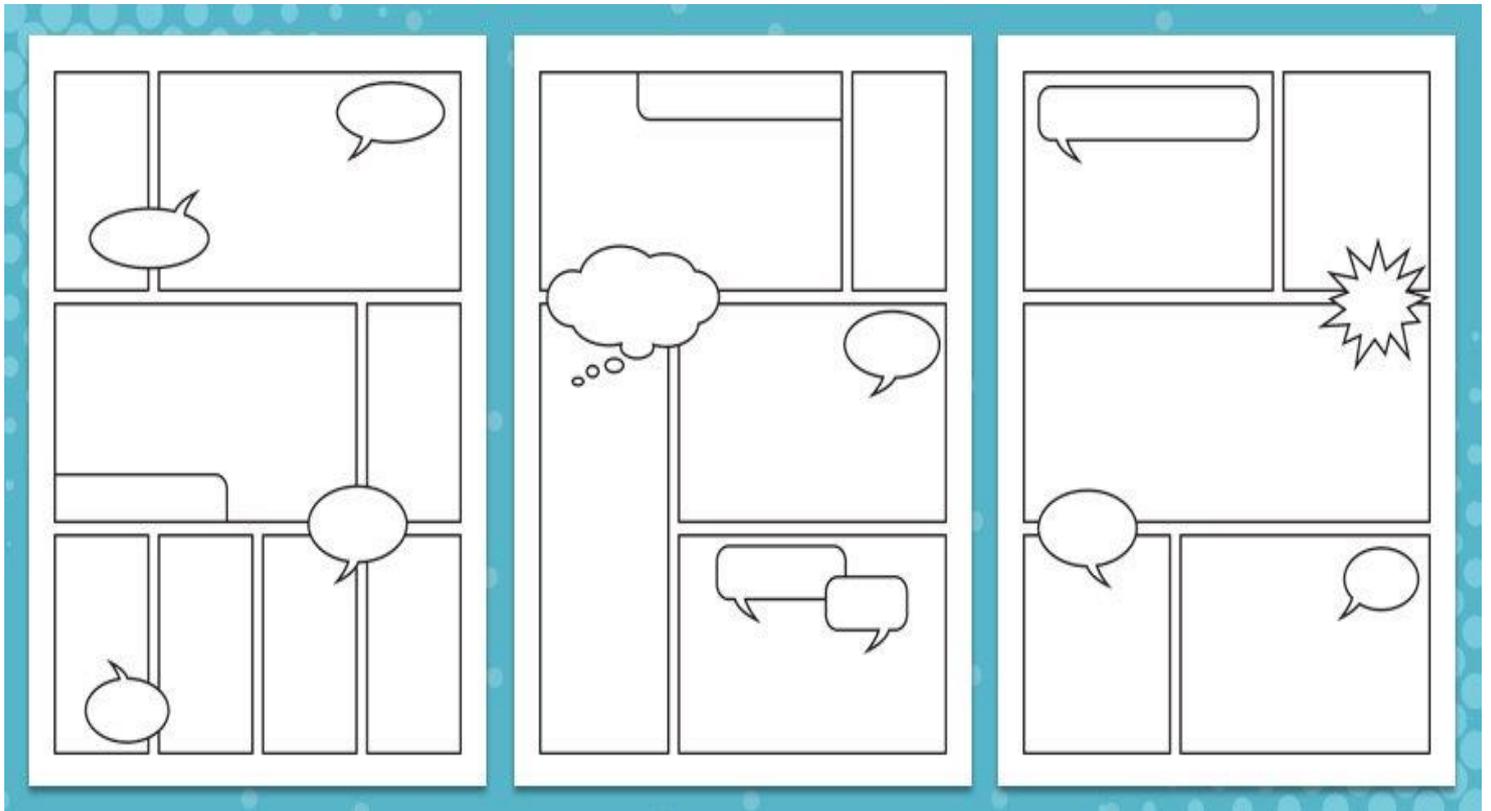
A week to let your imagination run free for an adventure and to inspire your creative ideas!

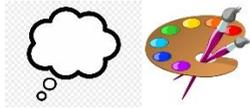


Write your own adventure story starring you and your best friend!

It can be anything! You can be anything! You can be made out of candy, or you are a dragon!! Have fun with it! Are you good or bad? Are you happy or sad? Where are you going? What are you going to do when you get there? Are you trying to find something? Save someone? There are so many options! Give yourself magic to help, take it away to make it harder for the heroes (you!) And if you want you can turn your grand adventure into a comic series! Draw the adventures of the BFFs! We would love to see your creations. If you want send us an email to admin@115club.co.uk

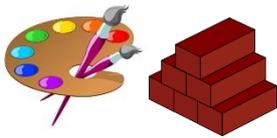
Save this image and print it out as many times as you like!





Draw your own fantasy creature

Where does it live, can it fly, sing, breath fire? What colour is it? How many arms/legs does it have? Give it a name, something scary or cute.



Build a castle

What you will need:

- Cardboard Boxes
- Paints
- Coloured paper
- String
- Toilet Paper tubes
- Craft knife or scissors





Make your own theme tune

Do you have a favourite song? Favourite tv show with a cool opening? Take that song and change up the words to fit around your fantasy world! Get you parents to help if you get stuck with words.



Make a percussion instrument

To help you play along with the music, you can make your own percussion instrument to help keep the beat or rhythm.

Ideas:

What you may need:

- Cardboard tubes
- Small boxes
- Tin cans (make sure there are no sharp edges.)
- Beads
- Rice
- Elastic bands
- String
- Tape
- Paper plates
- Jars & lids
- Plastic bottles
- Straws
- Wooden spoons
- Cling film





Make a superhero!

Is your superhero human or are they some other race? They could be an elf, or a halfling, or even a gnome! Or they could be underwater creatures like mermaids, they could live in space and be superhero aliens with all sorts of weird looking faces and lots of eyes. They could be angels or devils with wings or horns. They could be huge giants with lots of tattoos and no hair. Make them as cool and wacky as possible. Then add powers! Do they have cold powers, can they freeze people where they stand, or are they funny? Do they sing a funny song and the enemy laughs so hard the superhero wins? Do they have an extra special pet who helps them out, or have they trained for years under the best wizards to gain their powers? Are they in a group of superheroes or are they a loner? They can be whoever you want them to be! The universe is your oyster!



You can make up a story around them with illustrations of them or just make up a costume and dress up like them.



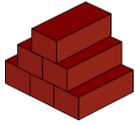


Cheshire Cat

Have you read Alice in Wonderland? Alice goes on an amazing adventure through the rabbit hole to Wonderland where she meets all sorts of wonderful people. The Cheshire Cat, the Mad Hatter, the White Rabbit, the Caterpillar, the Queen of Hearts. Choose your favourite character and do a drawing of them. If you haven't got one, then you could colour in my favourite, the Cheshire Cat.







Fold your own Dragon!

Make a super cool super scary origami dragon! Just follow these instructions and you'll be able to make your own!

<https://www.youtube.com/watch?v=FDaMgA6UorA>

Let us see your amazing dragons!!



Unicorn cookies

Ingredients

- 250g plain flour
- 150g butter
- 100g caster sugar
- 1 egg
- ½ tsp vanilla extract
- pink food colouring
- 50g icing sugar
- 1 lemon, juice only
- your choice of coloured sprinkles (we used hundreds and thousands, pink and yellow sugar and some white chocolate stars)



Method

1. Rub the flour and butter together with your fingertips until it looks and feels like fresh breadcrumbs then add a pinch of salt. In another bowl, mix together the sugar, egg and vanilla extract then pour it over the butter and flour mixture. Gently knead it together then separate the dough into 2 equal blocks. Knead some pink food colouring into one of them and keep the other plain. Wrap both types of dough in sheets of cling film and chill in the fridge for 20-30 mins.
2. Roll the plain dough out onto a lightly floured surface until it's about 25cm long and 20cm wide. Do the same with the pink dough and lay one on top of the other. Lightly roll over the surface once or twice with your rolling pin just to press them together. Trim off all the edges so they're straight then carefully roll them up from one of the

short edges to make a tight spiral. Wrap tightly in cling film and chill for 1hr or overnight.

3. Heat oven to 180C/160C fan/gas 4 and line 2 trays with baking parchment. Unwrap the dough, trim the end and cut the rest into 20 slices and lay them cut side down on your prepared baking tray. Bake for 15-17 mins or until ever so slightly golden at the very edges. Allow them to cool on the tray before transferring them to a wire rack to cool completely.
4. Mix the icing sugar with enough lemon juice to make it the consistency of smooth peanut butter and pour the sprinkles into a shallow bowl or plate. Dip the outside edges of the biscuits into the icing (or spread it onto the edges using the back of a teaspoon) and then into the sprinkles, turning to coat. Leave to set before serving.



Dragons & Unicorns

Here are some pictures of dragons and unicorns which you can colour. Perhaps draw your own dragon or unicorn or both.





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